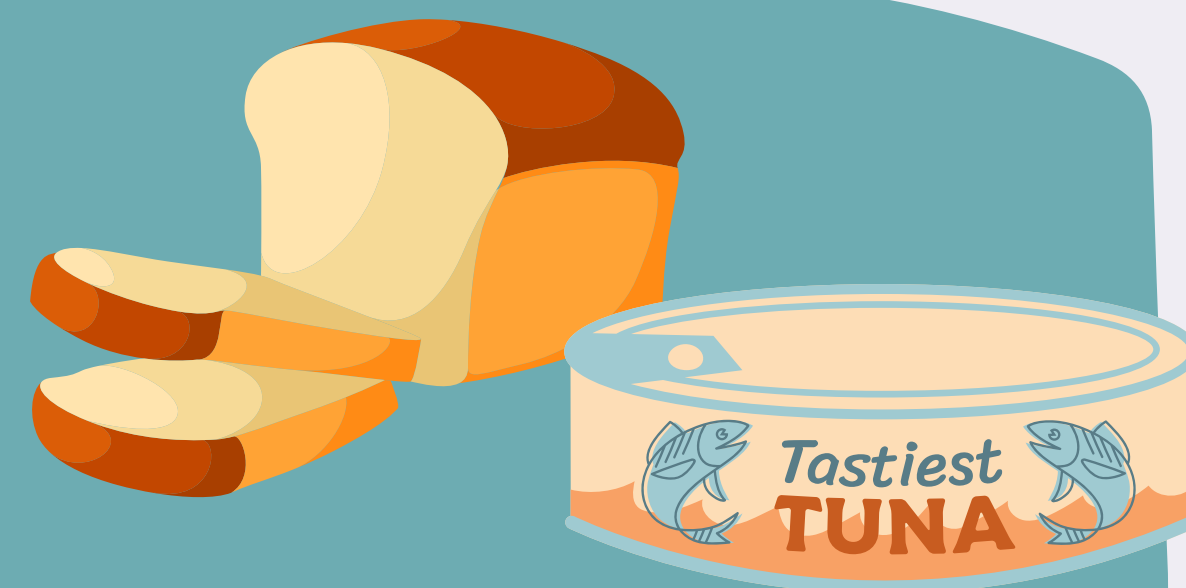




Pantry Staples: Prevent Waste, Keep Them Fresh!



Milk

STILL FRESH
5-7 days past the date label

FREEZABLE?
Yes, in an airtight container, with at least an inch of airspace

SPOILED?
Sour smell, off-white or yellow color, thick or clumpy texture

Eggs

STILL FRESH
3-5 weeks past the date label

FREEZABLE?
Yes! Whisk raw eggs together and add 1/2 tsp salt for every 1 cup of raw eggs. Store in airtight containers. Will keep for 10-12 months.

SPOILED?
Place the egg in a glass of water. If it floats to the surface, it's gone bad

Sliced Bread

STILL FRESH
5-7 days past the date label

FREEZABLE?
Yes, wrap tightly in original packaging or foil – will keep in freezer for at least 3 months

SPOILED?
Off smell, mold

Canned Meats, Seafood, and Vegetables

STILL FRESH
3-5 years past the date label

FREEZABLE?
Store unopened cans in the pantry. Once opened, items can be placed in airtight containers and frozen. Will keep for 3-6 months.

SPOILED?
Discard any cans that are leaking, rusted, bulging, or severely dented



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